

## What To Bring?

- Bed linens – XL twin sheets and pillowcase
- Blanket or sleeping bag
- Pillow
- Bath towel
- Toiletries – shampoo, deodorant, toothbrush, toothpaste, personal care products
- Hair dryer
- Clothing (Please follow the Dress Code )
  - Recreation time will be provided daily except on opening and closing days. You can wear casual attire during this time but must fall within the dress code requirements.
  - During speakers and sessions, you must be dressed in business casual attire.
  - You will need business attire for opening & closing ceremonies and if you plan to run for office or Girls Nation.
- Comfortable shoes (The campus is relatively big, so please wear comfortable walking shoes!)
- Umbrella and/or raincoat
- Water bottle
- Prescription Medication (if applicable - see below)
- A small amount of spending money (we will have Girls State items and snacks available for purchase), we only accept cash for the on-site store
- Items needed for the talent show (if applicable)
- Notebook and writing materials for during sessions
- White Clothing Item for tie-dye.

### Prescription Medication

If applicable, be sure to bring any prescription medication. Please bring only as much medication as needed during Girls State. The medication must be in its original container, as labeled by the pharmacy.

**If a student has a medical issue or allergy, we must have copies of a care plan and medication authorization form on file. Copies of these can be found on our website.**